



National Sexual Assault Hotline: 1-800-656-HOPE(4673); Available 24 hours

**Maryland Crisis Hotlines
Resource Guide**

Jurisdiction	Hotline or Mobile Response Team	Contact Number
Statewide	Emergency number Statewide Maryland Helpline National Suicide Prevention Hotlines Veterans Crisis Line	9-1-1 988 988 1-800-273-8255, press 1
Allegany	988 Helpline Mental Health Association of Frederick County Crisis Hotline UPMC Western MD Regional Medical Center Crisis Counselor Hotline	988 301-662-2255 240-964-1399
Anne Arundel	Anne Arundel County Crisis Response YWCA Sexual Assault Crisis Center YWCA Domestic Violence Hotline	988 410-768-5522 410-222-7273 410-222-6800
Baltimore City	988 Helpline-Baltimore Crisis Response, Grassroots, Affiliated Sante Group Baltimore Crisis Response, Inc-Mobile Response Team Affiliated Sante Group-Mobile Response Team BCARS-Youth Mobile Response Team	988 410-433-5175
Baltimore County	988 Helpline (Hotline & Mobile Response Teams) Baltimore County Crisis Response System (Hotline & Mobile Response Teams)	988 410-931-2214
Calvert	Calvert County Health Department Calvert Crisis Response	988 1-877-467-5628
Carroll	988 Helpline (Hotline & Mobile Response Teams) Affiliated Sante Group-Mobile Response Team	988 410-952-9552, 9:00am- 12:00am
Cecil	Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Sante Group) Cecil County Domestic Violence and Rape Hotline Cecil Addiction Treatment Coordination Hotline (CATCH)	988 410-749-H ELP (-4357) 888-407-8018 410-996-0333 443-245-3257
Charles	988 Helpline	988
Frederick	988 Helpline Mental Health Association of Frederick County Crisis Hotline	988 301-662-2255

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Garrett	988 Helpline Mental Health Association of Frederick County Crisis Hotline	988 301-662-2255
Howard	988 Helpline (Hotline & Mobile Response Teams) Grassroots Crisis Intervention – Mobile Response Team	988 410-531-6677 (24/7)
Mid-Shore (Caroline, Dorchester, Kent, Queen Anne’s and Talbot Cos.)	Eastern Shore Operations Center (ESOC) (Affiliated Santé Group) For All Seasons, Inc. (Rape Crisis Center) Life Crisis Center Hotline Mid-Shore Council on Family Violence	988 1-888-407-8018 1-800-310-7273 410-749-HELP (-4357) 1-800-927-HOPE (-4673)
Montgomery	Montgomery County Crisis Center EveryMind. - Montgomery County Hotline	988 240-777-4000 301-738-2255
Prince George’s	Crisis and suicide hotline (Community Crisis Services, Inc.) IMind Behavioral Health	988 301-864-7130 240-429-2185
Saint Mary’s	988 Helpline	988
Somerset	Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group)	988 410-749-HELP (-4357) 1-888-407-8018
Washington	Frederick County Crisis Hotline Services	988 301-662-2255
Wicomico	Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group)	988 410-749-HELP (-4357) 1-888-407-8018
Worcester	Life Crisis Center Hotline Eastern Shore Operations Center (ESOC) (Affiliated Santé Group)	988 410-749-HELP (-4357) 1-888-407-8018