

KETTERING HERALD

NEWSLETTER OF KETTERING BAPTIST CHURCH LEGACY CENTER

Ministry in the Spirit of Excellence

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TURNING FIFTY

The height of the celebration is over, the streamers are laying around on the floor and the left over cake is still on the table. Now as the cleanup is underway and the memories of the celebration are being re-played in our minds, the reality that you are actually fifty years old begins to set in. Slowly but surely you begin to realize that you may have more years behind you than you have in front of you. You begin to evaluate the life you have lived and if you have been doing it well or wasting it. Well at least that's the cycle of turning fifty as a human being but what about as a church.

Perhaps there are some similar behavioral actions but one thing is for sure, evaluation of our past and preparation for the future is essential. The sense of urgency must invade our minds and overflow into our actions. Though the church may live on beyond our years, I think it necessary to assure that on our watch we did all we could to advance the Kingdom of God and to prepare the church to carry on the work if The Lord should tarry in His return.

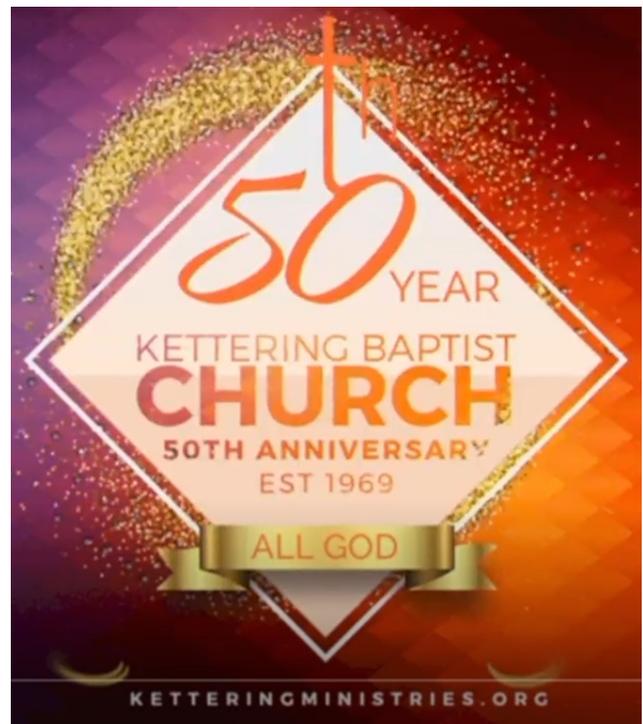
So Kettering we just turned fifty. It is up to each of us to make it up in our minds that we will join the Lord in His work as the day approaches. To clear our heads of the past failures and flaws and move forward with a new found enthusiasm. Each one needs to acknowledge within themselves and before the Lord that we have put ourselves and other less important things before The Lord and His work of Kingdom building. It is a well, known fact that in every church there are far more people who take from the ministry and enjoy the work of the others, than there are workers. Statistically, the number of those working is a mere twenty percent. Now that

we are fifty, I think it is time to increase that number of workers at Kettering Baptist Church.

John 9:4 says, "I must work the works of Him who sent Me while it is day; the night is coming when no one can work." As we hear these words I pray it provokes us the more get to the work of Him who sent us. Yes we are fifty but we are not done. There is more to be done. So rather than just cleaning up after the party and drifting back into the same previous pattern, let us redeem the time and march forward to the end in a way that pleases Him.

Loving My Sheep

Pastor Bucas Sterling, III



Lev 25:10; ¹⁰And you shall consecrate the fiftieth year, and proclaim claim liberty throughout all the land for all its inhabitants. It shall be a Jubilee for you...

Celebrating Jubilee

50 YEAR
Golden Jubilee



DIABETES AWARENESS MONTH CELEBRATING JUBILEE



Diabetes is the condition in which the body does not properly process food for use as energy. Most of the food we eat is turned into glucose, or sugar, for our bodies to use for energy. The pancreas, an organ that lies near the stomach, makes a hormone called insulin to help glucose get into the cells of our bodies. When you have diabetes, your body either doesn't make enough insulin or can't use its own insulin as well as it should. This causes sugars to build up in your blood. This is why many people refer to diabetes as "sugar."

Diabetes can cause serious health complications including heart disease, blindness, kidney failure, and lower-extremity amputations. Diabetes is the seventh leading cause of death in the United States.

How prevalent is diabetes among blacks?

- Blacks are 1.7 times as likely to develop diabetes as whites
- The prevalence of diabetes among blacks has quadrupled during the past 30 years
- Among blacks age 20 and older, about 2.3 million have diabetes – 10.8 percent of that age group
- Blacks with diabetes are more likely than non-Hispanic whites to develop diabetes and to experience greater disability from diabetes-related complications such as amputations, adult blindness, kidney failure, and increased risk of heart disease and stroke;

Death rates for blacks with diabetes are 27 percent higher than for whites.

What are the symptoms of diabetes?

People who think they might have diabetes must visit a physician for diagnosis. They might have SOME or NONE of the following symptoms:

- | | |
|---------------------------------------|---|
| • Frequent urination | • Excessive thirst |
| • Unexplained weight loss | • Extreme hunger |
| • Sudden vision changes | • Tingling or numbness in hands or feet |
| • Feeling very tired much of the time | • Very dry skin |
| • Sores that are slow to heal | • More infections than usual |

Nausea, vomiting, or stomach pains may accompany some of these symptoms in the abrupt onset of insulin-dependent diabetes, now called Type 1 diabetes.



What are the types of diabetes?

Type 1

Type 1 diabetes, previously called insulin-dependent diabetes mellitus (IDDM) or juvenile-onset diabetes, may account for 5 percent to 10 percent of all diagnosed cases of diabetes. Risk factors are less well defined for Type 1 diabetes than for Type 2 diabetes,.

Type 2

Type 2 diabetes was previously called non-insulin-dependent diabetes mellitus (NIDDM) or adult-onset diabetes. Type 2 diabetes may account for about 90 percent to 95 percent of all diagnosed cases of diabetes. Risk factors for Type 2 diabetes include older age, obesity, family history of diabetes, prior history of gestational diabetes, impaired glucose tolerance, physical inactivity, and race/ethnicity. African Americans, Hispanic/Latino Americans, American Indians, and some Asian Americans and Pacific Islanders are at particularly high risk for type 2 diabetes.

Article from CDC.gov

Pastor Bucas Sterling III The Newsletter Ministry Members

Sis. Brenda Brown
Sis. Letitia Hinton
Sis. Jaime Eley McDowney
Sis. Debbie Mosby
Sis Tamara Tisdale
Bro. Kenneth Trass

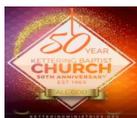
Our Mission Statement

To lift up the name of Jesus Christ, that all men may be drawn to Him. To inform, edify, and encourage the members and ministries of Kettering Baptist Church Legacy Center. To inform and encourage our community.

Article deadline: 25th day of the previous month

Please send articles to: KetteringNews@ketteringministries.org

The Newsletter Ministry kindly reserves the right to edit or alter all submissions for publication. The Pastor has the final authority on publication.



ANNIVERSARY REVIVAL SERVICE CELEBRATING JUBILEE



By Tamara Tisdale

Kettering Baptist Church concluded its' 50th year, Celebrating Jubilee with first a Revival Service on October 23, 2019. Kettering Baptist was founded on October 17, 1969 with the purpose of sharing the fundamental principles of love, service and joy in spreading the Word of God throughout the community. This continues to be the foundation of the church.

So, what is Jubilee and why is it celebrated? Jubilee is the 50th year at the end of seven cycles of Sabbatical years. It is a year of remission of sin and of the punishment due to sin. As it is written in Leviticus 25:10.....It shall be a Jubilee for you and each of you shall return to his possessions and each of you shall return to his family.

Even with the technical difficulties, even with the short delay and even with any other issues that may have occurred, the annual revival service was amazing.

Deacon John Young opened up the service with a scripture reading from Romans 5:1-5 and in prayer.

The Praise and Worship Team, led by Minister Brian Bailey, blessed the congregation throughout the service, singing songs, uplifting God.

Pastor Bucas Sterling III, the Kettering Baptist Church senior pastor, extended a warm welcome to all of the members, the visitors and the friends of the church. Pastor Sterling introduced the guest speaker for the evening, Reverend Patrick J. Walker, as a dynamic speaker who is no stranger to the Kettering Baptist Church family. Reverend Walker is the senior pastor of The New Macedonia Baptist Church in Washington DC. He is known to be an avid learner with several professional degrees in Theology. As a matter of fact, Reverend Walker is currently pursuing a Doctor of Educational Ministry Degree. Reverend Walker is a much sought after teacher and preacher using his special gift to bless those wanting to listen and take in God's Word. With the support of his wife, Priscella Walker, and his two adult children, Maya Bethany and Patrick Jonathan, Reverend Walker is able to uphold his character as, "a kind Christian gentleman, who is convinced that it is through the preaching and teaching of God's Word that the body of Christ has power to minister to suffering humanity and win them to Him".

In delivering his message, Reverend Walker read from Psalms 121:1-8, offering guidance on how we should continually trust in God. He considered three movements to give a better understanding of how and why it is important to have a deep trust in God. Reverend Walker's presentation, in summary, suggested that God should be trusted, to provide for all of our needs, to protect in times of trouble and to preserve us from evil. To provide, to protect and to preserve, are all wonderful ways to trust in God.

Pastor Sterling delivered the closing remarks and prayer. He extended an invitation to everyone to search their hearts to determine if Jesus is within and to understand how important it is to follow Him.





GOSPEL CONCERT CELEBRATING JUBILEE



Brenda Brown

The second event of Celebrating Jubilee was held on Saturday, October 26th, a Gospel Concert. It was the largest Gospel Concert held at KBC this year! You knew when you drove up the church driveway and saw the line stretched out to the parking lot, you knew this was the place to be!



The evening began with the introduction of Radio Personality Ms. Cheryl Jackson the Mistress of Ceremonies for the evening. Ms. Jackson has been on the airwaves for 25 years and she's featured daily from 10am-3 pm, Monday-Friday, on Praise 104.1. She loosened us up a bit with her wit and humor and later prepared us for the worship experience, and what an experience it was!



The first singer to grace the stage was Maryland Native, and Season 9 BET "Sunday Best" finalist, Joshua Copeland. He was this writer's first time hearing him, but I'm sure it won't be the last I'll hear him, as he is such "Best", an anointed and spirit-filled young man. As some of the older saints would say, Josh Copeland can sang! He raised the roof with "I'm Getting Ready for the Overflow" and later he took us back in the day with "Something About the Name of Jesus"!



Beverly Bell



Cheryl Jackson

Next, Pastor Sterling explained to us why we are celebrating the Celebrating Jubilee. Biblical reference can be found in Leviticus beginning in 25:13. It discusses freedom from slavery to freedom, and we are experiencing freedom from Satan and sin. God gets all the credit for what HE has done as we celebrate our freedom and liberty.

Next on stage was National Recording Artist, Earnest Pugh. He is a dynamic musical force. As a powerhouse vocalist, songwriter, producer, industry executive, successful record label owner and philanthropist, Pugh has demonstrated remarkable gifts and unequivocally earned the title of Gospel's Leading Man. He performed

Joshua Copeland



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GOSPEL CONCERT (CONT) CELEBRATING JUBILEE



(Continued from page 4)

“More of You”, “Rain on Us” & “Show Me Your Glory”. He is also the cousin of Pastor Colin Pugh. Earnest was a last minute addition due to a travel problem experienced by Todd Dulaney.

The night’s final singer was Maranda Curtis. Known for her melodic tones and her natural flow in worship, Curtis continues to soar as a leading voice in the gospel music industry. Everyone was waiting for her to appear and she didn’t disappoint. To the delight of many, her singing of “Strength Like No Other” and “Nobody Like You Lord” touched many souls. Her closing selection of “Way Maker” brought many to their feet, along with bringing a tender and loving spirit to the event.

The Concert was truly a blessing to all in attendance, and to those responsible for bringing these remarkable singers in our midst, we thank you for a job well done!



Earnest Pugh



Maranda Curtis





TITLE CELEBRATING JUBILEE



By Kenneth Trass

Our last act in Celebrating Jubilee was the Culminating Service on Sunday, 27 Oct. Deacon Anthony Owens reading from Matthew 16: 16-18 and prayer. The Mass Choir provided two selections, the hymn *The Solid Rock* and *Open Up the Floodgates*.

Our Praise Dancers provided a stirring interpretation of the song *Lord You're Holy*. It is always amazing to watch the synchronous movements of this ministry, you would think they were paid professionals looking at how well they move together. They truly praise the Lord through dance.

The Mass Choir rendered two more songs, *Lord is Blessing Me* for the Offertory and *Psalms 23 (I Am Not Alone)* for the Pre-Sermonic hymn. Just before the pre-sermonic, Pastor Sterling introduced the guest pastor for the day, Dr. Joel Gregory.

Dr. Gregory is long time friend of Pastor Sterling. He is the President and Founder of Gregory Ministries, Waco TX. Now in its fifteenth year, the Proclaimers Place seminar is recognized nationally as a venue for certification in biblical preaching and continuing education for pastors and proclaimers. Led by Joel C. Gregory, holder of the George W. Truett Endowed Chair at Baylor's George W. Truett Theological Seminary. He trains Pastors for teaching the Bible world-wide. As I summarize his sermon, let me encourage you first to go to the KBC website and listen to this educational and inspiring sermon for yourself.

Dr. Gregory opened reminding us of what has disappeared in the last fifty years, giving examples of people, institutions and corporations that are no longer here but the Church is still here. He chose I Peter 2: 4-5 as the basis for his message, "50 Years of Living Stones." The Church is built on solid rock, the living stone of Jesus Christ. We, believers are all living stones.

He brought forward the concept of Spirituality Ancestry.com. Everybody who knows Jesus Christ was told by somebody, who was told by somebody, who was told by somebody, who was told by somebody, back to the 12 Apostles, add Apostle Paul, the first twelve living stones. This is how God built his Church. The first great living stone Jesus, and on top of him the 12 Apostles and the women

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TITLE CELEBRATING JUBILEE



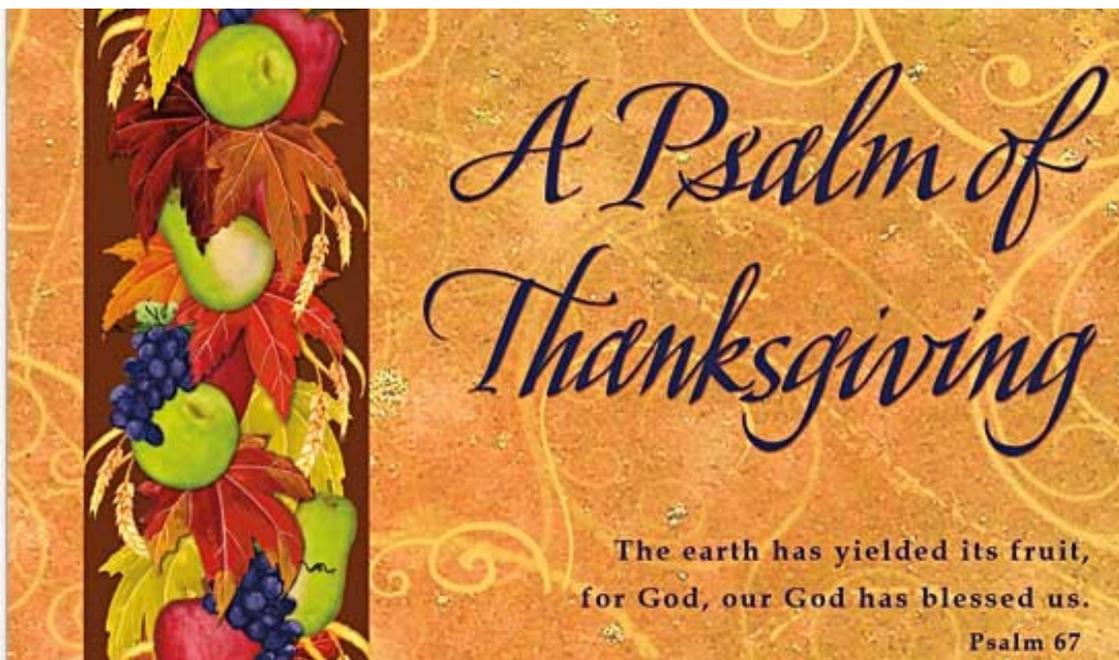
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of the New Testament, made the first layer. Through the centuries, God has been layers living stones building his Church. This forms the foundation of the Church.

The operation of the Church falls on you, the believer. In verse 5, you are a holy priest as a believer. As holy priests, we are to serve God. We are to offer spiritual sacrifices. Spiritual sacrifice includes the sacrifice of praise, giving thanks to God. Our praise does nothing for God, what it does do is connects us to God. Praising God lifts us up to him. Another spiritual sacrifice, we must do good and share because such sacrifices are pleasing to God. Do good to those who cannot not reciprocate, those who need the most. Finally, the spiritual sacrifice efforts we make are acceptable to God through Jesus Christ.



Dr. Joel Gregory





CHURCH ANNOUNCEMENTS CELEBRATING JUBILEE



Sincere Thank You

Carolyn and I want to thank you all for being the best church in the world! May the Lord multiply to you all the favor and love you have shown us during this Pastor's Appreciation Month. Loving my sheep, Pastor and 1st Lady Sterling

Office Closed

In observance of Veterans Day, the Church Administrative office will be closed on Monday, November 11th. This Veterans Day, we thank and honor the men and women who have served our country.

Holiday Closings

- On **Wednesday, November 27th**, there will be no Noonday Bible Study, Evening Bible Study, or Awana. The Church Administrative office will be closed on **Thursday, November 28th**, and **Friday, November 29th**.
- Saturday, November 30th** has been set aside as "**Sanctified Saturday**" a day when all members are strongly encouraged to put aside all Ministry Activities to spend quality time with their family and friends.

Thanksgiving Eve Service

On Wednesday, November 27th at 7pm, we will have a special Thanksgiving Eve service to give thanks and praise to God for the many wonderful things He has done. Join us as we "...come before His presence with thanksgiving; let us shout joyfully to Him with psalms..." Psalm 95:2.

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Children & Youth Choir Members Needed



The KBC Music Ministry invites all children and youth to join the Children's and One Accord Youth Choirs. Join us for fellowship, high energy, great music

and praise and worship! Rehearsals are the two Fridays before each 2nd Sunday. The Children's Choir (ages 3-11) rehearsal begins at 6:45pm and they sing at the 11am Service on 2nd Sundays. The One Accord Youth Choir (ages 12-18) rehearsal begins at 7:30pm and they sing at both services on 2nd Sundays. The next rehearsal is this Friday, November 8th. You don't have to be a member to join!

Employment Ministry Workshop



Join the Employment Ministry for our Fall Workshop on Saturday, November 16th from 10am to 1pm. Participants will learn how to best develop resumes and navigate the job search process for the public and private sectors. All are encouraged to attend and to bring a friend! A networking breakfast will begin at 9:30am. Please register online today.

Missions Ministry Interest Meeting

Are you interested in participating in a mission's trip in 2020? There will be a mandatory interest meeting held on Tuesday, November 5th at 7pm.

What's Next After High School?



Calling all High School students: It is not too soon to start planning for your future after high school, whether you plan to attend College, Trade School or join the Armed Forces! The Scholarship Ministry invites all middle school and high school students to attend a seminar to explore your academic and professional options after graduation this Wednesday, November 6th at 7pm. Please bring your friends! Light refreshments will be served.

Gifts of Hope

MMCDC announces its 8th Annual Gifts of Hope program for the Upper Marlboro and Baltimore communities. Our goal this year is to continue to reach out to local schools to provide Christmas donations to families in need of support for the upcoming holiday season. If you would like to adopt a child or a family, please fill out a form (located on the Resource Table or at mannacdc.org) and return it; monetary donations may be made via the website.



PASTOR APPRECIATION CELEBRATING JUBILEE

50 YEAR
Golden Jubilee



During the month of October we were treated to light hearted and humorous quips and stories by Deacon Anthony Owens, Chairman of the Deacons Ministry. Deacon Owens spoke eloquently in support Pastor Appreciation Month. The subject was our appreciation for Pastor and First lady Sterling. He was able to put into words time and again how we, the congregation of Kettering Baptist Church feel about our Pastor and 1st Lady. A great example of this is the card with candy treats that was presented to them on 4th Sunday. We love Pastor and First Lady Sterling for their unwavering support, bible based leadership they have provided the members.

