

# KETTERING HERALD

NEWSLETTER OF KETTERING BAPTIST CHURCH LEGACY CENTER

*Ministry in the Spirit of Excellence*

May 2019  
Volume 17 Issue 05

## A MOTHER'S SACRIFICE

Can you believe it is May already? That means warmer weather, May Day, proms, graduations flower planting and Mother's Day. It is most assuredly a time when things come alive and get busier. Amidst all of the business it is imperative that we take time to honor the mothers in our lives. The reason being is that they have given so much to make our lives better. Even for those whom we may say did very little for us, if nothing other we have to realize that they put their very lives in danger to give birth to us. For anyone who has witnessed or experienced child birth you would agree quickly that giving birth is a sacrifice.

I Kings 3, tells the story of two women who both had sons and as they slept with their children, one of the women laid on her son and he died. She woke up in the middle of the night and realized her son was dead so she took the other woman's son and left her dead son with her. When morning came the woman whose son was taken realized that the dead child left with her was not her own. The two women argued and ended up bringing their case before Solomon the King to decide. After much back and forth before the King, Solomon asks for a sword that he may divide the child in half. One mother agrees with Solomon while the other woman whose child it was, pleaded that the child may live and was willing to give her child up in order that he may live. Solomon then realizes who child it really was and requested that the child be given to its true mother. Now I know you may think what does this story have to do with Mother's Day? Well, it is a picture of a mother's willingness to even give up her child to allow him to live.

Now let's play this thing out a bit further. Fourteen years later this child discovers that his real mother gave him away. He begins to feel rejected, unwanted, insecure, resentful and angry. He views his mother giving him up as her rejection of him and he begins to wonder why and what was so bad about him that cause her to give him

away. For the next three years he becomes more resentful and angry and moves to believe if his own mother did not want him then he has no purpose to live. I know this is not in the text of I Kings but it may be in the text of your life or the life of a child you have adopted or perhaps in the life of a friend or coworker. Perhaps they do not know that their mother gave them up for adoption because she could not provide for them or because she realized that to keep them would mean to destroy them.

This mother made a great sacrifice that her son may live and because he didn't know the whole story, he could not appreciate his mother's sacrifice and therefore began to resent her and even live in anger and disregard for the life he had. Likewise many people walk around each day feeling unwanted, rejected, insecure, resentful and even angry with God because they too do not know the entire story. They do not know that He made a great sacrifice so that they could live. He gave His own life in exchange for theirs that they may not have to be cut in half by the penalty that sin would impose. Therefore, we need to tell the whole story to those who are angry, disconnected and unappreciative of life. Tell them that Christ died for them and the mother they despise. Tell them who are motherless that He will be a mother to them. Tell them that He is the way the truth and the life and if they will confess with their heart and believe in their heart that God raised Jesus from the dead, according to scripture, they shall be saved.

So I conclude by saying that few of us know all the many sacrifices our mothers have made for us but regardless of the magnitude, they are all worthy of honor for the sacrifices they have made.

Loving My Sheep  
Pastor Bucas Sterling, III



Lev 25:10; <sup>10</sup>And you shall consecrate the fiftieth year, and proclaim claim liberty throughout all the land for all its inhabitants. It shall be a Jubilee for you...

**Celebrating Jubilee**





## DARK SKIN TONES AND SKIN CANCER CELEBRATING JUBILEE



### What you need to know

People who have dark skin tones often believe they're not at risk for skin cancer, but that is a dangerous misconception, says dermatologist Maritza I. Perez, MD, a senior vice president of The Skin Cancer Foundation.

"Anyone can get skin cancer, regardless of race," she says. While incidence of melanoma is higher in the Caucasian population, a July 2016 study in the *Journal of the American Academy of Dermatology* showed it is more deadly in people of color. African American patients were most likely to be diagnosed with melanoma in its later stages than any other group in the study, and they also had the worst prognosis and the lowest overall survival rate.

Most skin cancers are associated with ultraviolet (UV) radiation from the sun or from tanning beds, says Dr. Perez. Yes, darker skin produces more of the pigment called melanin that does help protect skin — but only to a certain extent. People of color can still get sunburned, and they can also develop skin cancer from UV damage.

It's of concern that 63 percent of African American participants in a survey said they never used sunscreen. This needs to change, says Dr. Perez. "Remember, ethnicity does not define skin type. It can represent a wide range of skin tones with a wide range of risks." To avoid premature aging and damage that can lead to skin cancer, everyone should use sunscreen every day and practice sun-safe habits, such as seeking shade and wearing protective clothing, hats and UV-blocking sunglasses.

Additionally, certain skin cancers are caused by factors other than UV — such as genetics or environmental influences — and may occur on parts of the body rarely exposed to the sun. For example, people who have dark skin are more susceptible to acral lentiginous melanoma (ALM), an especially dangerous form of melanoma that typically appears on the palms of the hands and soles of the feet. (The Jamaican singer and musician Bob Marley died of ALM when he was only 36.)



*People who have dark skin are more susceptible to acral lentiginous melanoma (ALM), like these examples above.*

It's crucial to detect skin cancer early, when it is easiest to treat and most likely to be cured. Dr. Perez says she advises people of all ethnicities to do a monthly skin self-exam and see a dermatologist annually — and sooner if any of the warning signs appear:

A bump, patch, sore or growth that bleeds, oozes, crusts, doesn't heal or lasts longer than a month. This may indicate basal cell carcinoma.

An ulcer, scaly red patch, wart-like growth or sore that sometimes crusts or bleeds could be a sign of squamous cell carcinoma. This

type of skin cancer can also develop in old scars or areas of previous physical trauma or inflammation.

New or existing moles that are asymmetrical, have an irregular border, more than one color, are larger than a pencil eraser or change in any way may indicate melanoma. Pay special attention to suspicious spots on the hands, soles of the feet or under the nails, which could signify ALM.

*Skin Cancer Foundation, Published on August 30, 2016*

#### **Pastor**

Bucas Sterling III

#### **The Newsletter Ministry Members**

Sis. Brenda Brown

Sis. Jaime Eley McDowney

Sis. Debbie Mosby

Sis Tamara Tisdale

Bro. Kenneth Trass

#### **Our Mission Statement**

To lift up the name of Jesus Christ, that all men may be drawn to Him. To inform, edify, and encourage the members and ministries of Kettering Baptist Church Legacy Center. To inform and encourage our community.

**Article deadline:** 25th day of the previous month

**Please send articles to:** [KetteringNews@ketteringministries.org](mailto:KetteringNews@ketteringministries.org)

*The Newsletter Ministry kindly reserves the right to edit or alter all submissions for publication. The Pastor has the final authority on publication.*



# WHERE DID THE TIME GO CELEBRATING JUBILEE



By Tamara Tisdale

Kettering Baptist Church celebrated Pastor Bucas Sterling III and First Lady Carolyn Sterling's 19<sup>th</sup> anniversary with Kettering Baptist Church at the Legacy Center. During both of the services, many of the ministries of the church presented to the Pastor and the First Lady cards, gifts and special words of gratitude.



The praise dancers performed with grace and elegance, accompanied by the choir as they exited the stage. The choir, dressed in all black, was led by the special guest singer, Tiera Furby. Sister Furby led the choir in praise and worship. Her voice magnified the spiritual experience brought on by the praise dancers.

It is recognized that Pastor Sterling has an exemplary educational background. He has received many awards and acknowledgments which demonstrates his capability of sharing the Gospel of Christ. More importantly, he is a born again Christian who loves the Lord. Pastor Sterling wants to be certain that not only does he share the true Word of God with his own congregation but he also wants to make certain that God's word is known to everyone throughout the world. Pastor Sterling's love for the Lord coupled with his knowledge of God's Word, encourages others. Under his leadership, Kettering Baptist church is not only a place to listen to God's Word. It has become a place to study and grow in God's Word as well.

The special guest speaker for this special day was Dr. Robert Smith Jr. Dr. Smith holds the Charles T. Carter Baptist Chair of Divinity at Beeson Divinity School where he is a professor, teaching Christian preaching. He is an outstanding speaker. He engaged the congregation by grabbing the attention of everyone present with his clarity of God's Word.

*(Continued on page 4)*



**Pastor & First Lady  
Bucas & Carolyn Sterling III**



**Tiera Furby**



**Media Promotions  
Ministry Presentation**





# WHERE DID THE TIME GO (CONT) CELEBRATING JUBILEE



(Continued from page 3)

Dr. Smith is well known for his teaching, preaching and writing.

Dr. Smith used Psalms 23 to deliver his message which was titled, "The God of our help and our hope". He reminded us that God and Jesus are in the Bible in the beginning, in the end and in the middle; however, we cannot forget the Holy Spirit's presence throughout the Bible as well. Dr. Smith's words of encouragement touched everyone.

Pastor Sterling's longevity with Kettering Baptist Church is evidence that he is an effective leader of this Christian congregation. With his strong partner by his side, Pastor and First Lady Sterling continue to work diligently, year after year, serving the Lord. Pastor Sterling's advice and counsel to people from the congregation as well as to people from the community shows that he truly is....Loving His Sheep.



Anniversary Ministry Presentation



Dance Ministry Presentation



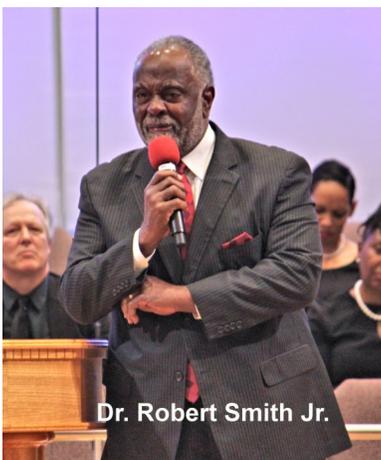
Trustee Presentation



Contributions Ministry Presentation



Deacon Board Presentation



Dr. Robert Smith Jr.





# THE FOUR WALLS MISSIONS CONFERENCE CELEBRATING JUBILEE



Kettering Baptist Church Missions Ministry hosted a conference centered on Church Missions. Representatives from several churches in attendance. The goal of the conference was to provide a foundation for developing missions within your church and planning, financing and preparing a missions trip. There were three sessions and a panel Q & A period comprising the bulk of the conference agenda.

Session 1, Financing Missions was led by Pastor Sterling. He provided the group an understanding of the importance of financing missions and how to budget for missions effectively within the church. Session 2, Planning Mission Trips A–Z was led by a representative from Lott Carey Missions. Lott Carey Global Christian Missional Community supports missions around the world extending Christian witness. The session focused on considerations you must make when planning national and international mission trips. Session 3, Joining Him on Mission was led by our own, Sister Heather Chapman, Vice Chair of the Missions Ministry. She provided guidance as to how spiritually prepare your team to go into the field both nationally and internationally.

Here are a couple of facts provided in the program. There are over 3.1 billion unreached people in the world today. Fifty-nine percent of all Christians say they seldom or never share their faith with others. Only 27 of the Southern Baptist Convention’s 4900 international missions are Black. This was just some food for thought.





## CHURCH ANNOUNCEMENTS CELEBRATING JUBILEE

50 YEAR  
Golden Jubilee

### Kingdom Jubilee Conference



COME ONE COME ALL to the Kingdom Jubilee Conference – Kettering Baptist Ministry Leaders will be hosting our first church-wide conference on Saturday, May 18th from 8am to 4:30pm.

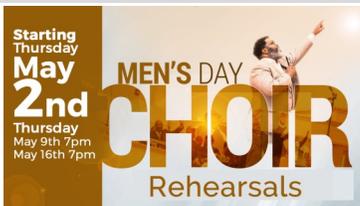
There will be sessions throughout the day to address an array of topics. This conference is for you, your family and friends, our community, and surrounding churches. The NON-Refundable cost is \$25 for adults and \$15 for youth (12-17) and includes boxed lunch. Please register on-line. Informational flyers with conference agenda and details are located on the foyer table.

### Global 6K Run/Walk for Water

Join us here at the Legacy Center on Saturday, May 4th at 8am for the Global 6K for Water. We will be joining thousands of others around the globe to walk or run 6K and provide clean water to children in communities around the world. To register go to: [www.teamworldvision.org/](http://www.teamworldvision.org/). Search Kettering Baptist Church to join our team! With your registration of \$50 for adults and \$25 for 17 and under, World Vision can provide an individual with clean water that lasts.



### Men's Day CHOIR



Calling ALL men to join us as we lift our collective voices to sing praises to our Lord on Men's Day, Sunday, May 19th! Rehearsal dates are this Thursday May 2nd, and on Thursdays May 9th and May 16th at 7pm.

### Senior Men & Women's Lunch Cruise

The Men's and Women's ministries are hosting a Senior Lunch Cruise on the Spirit of Washington, Thursday, August 15th. The non-refundable cost of \$60 per person covers transportation, buffet lunch and a scenic cruise of Washington DC. Hurry, tickets are limited. Collections for this event are Sundays, April 28th and May 19th (or until spaces are filled).



### Calling All Single's!



Join us on Friday, May 3rd at 7pm

We will share, encourage, uplift and pray for each other

Galatians 6:2 instructs us to "...bear one another's burdens and so fulfill the law of Christ"

Attention all Singles: Let's talk! On Friday, May 3rd at 7pm please join us as we assemble to share our concerns, ask our questions, express our needs, and uplift our struggles in prayer. We have been directed in Galatians 6:2 to fulfill the law of Christ by bearing each other's burden; we need your help to achieve this. There will also be an opportunity to submit anonymously. Refreshments will be served. Please let us know if you plan to attend....

### Vacation Bible School (VBS)

VBS is fast approaching we need volunteers! Sign-up sheets are available after service

Daytime VBS is Monday—Friday, June 17th—21st and 24th—28th. The cost is \$150 per week per child and includes field trips. You may register in-person after service or online.

Evening VBS is June 17th—21st and is free for adults and children.

### Prayer Walk

Join us Saturday, May 11th at 10 AM for our Church-wide Prayer walk. We will meet at the church and depart to the designated routes, then return to the church and close out with prayer. If you prefer you may remain at the church and pray.



**WE PRAISE YOU  
CELEBRATING JUBILEE**

**50**  
YEAR  
Golden Jubilee

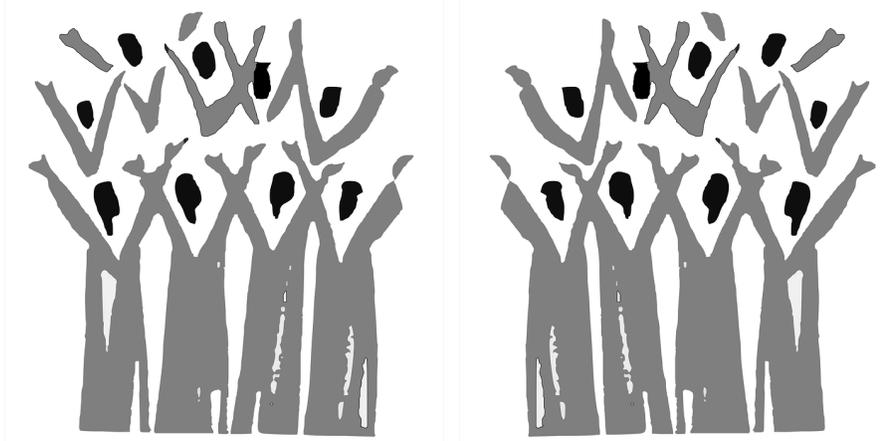
*We praise **You** dear God; **You** are our All and All,  
**You**, Lord are The One Who picks us up when we fall.  
We praise **You** dear God just for Who **You** are,  
For the light of the day, then the moon and the stars.*

*We praise **You** dear Lord because you've changed our lives so,  
**You** tell us when to stop...and...when it's wise to go.  
What more could we ask of our God, so Great,  
If we'd listen for **Your** voice we'd even know when to wait.*

*We shall continue to praise **You** as the generations come,  
We know The Source of blessings; where our strength comes from.  
**You've** blessed us with **Your** Son and **Your** precious Holy Ghost,  
And **You** always know the thing we have need of most.*

***You've** given us the solution to any problem we've faced.  
While in our hearts are spiritual fruit that **You**, God, have placed.  
We do know the answer for each and every nation...  
It is in...**"Praising God Through All Generations"**.*

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## PEARLS OF THE FUTURE CELEBRATING JUBILEE

50  
YEAR  
Golden Jubilee



By Jamie Reed

On April 24, the Ladies of Pearls of Purpose visited the Campus of Prince George's Community College. In this ninth convocation of the year, we had visited the college campus under the topic subject matter Preparing For Your Future. This event was not only a night of enlightenment but also a night of fun for all of our members and par-

ents.



At the beginning of the night, after a brief introduction, we had an icebreaker on things you had in common with others around you. I had quickly realized that there was so much more to the people around me that I had previously not known until that moment. Most of the girls, including myself, had grown up in the church, but in participating in the icebreaker learned things about others we hadn't known after years of fellowship together. This created a marvelous atmosphere and helped break us all out of our shells.



In the presentation, we were educated on how to plan a future for ourselves. The PGCC representative stressed the veracious fact that in order to prepare for college, we need to not only know ourselves, but our limits, and how we want to be seen and remembered. Each and every one of us are in a way a metaphorical brand, and our actions, especially now will impact the rest of our lives. Therefore, we need to carry ourselves in the best light.

In addition to this, we were also exposed to information about scholarships available to Prince George's County High School Students, such as the Prince George's County Promise Scholarship. This event not only helped the girls and I learn more about what's needed



to prepare for our future careers but also helped bond us more as sisters in Christ. It was a lovely evening filled with knowledge and smiles while we were encouraged once again by our leaders that we are truly Pearls with Purpose.

-4/25/2019



# MARRIED COUPLES' BOWLING CELEBRATING JUBILEE



By Brenda Brown

April 13<sup>th</sup> was the date of KBC's Married Couple's Bowling event. Couples converged on the Crofton Bowling Centre to put their bowling athleticism on display, have fun with one another, share laughs, and make new acquaintances.

As the afternoon progressed, you could tell some couples knew what they were doing and were good bowlers, as they had their own unique technique and style for approaching the line and releasing their ball, and their scores reflected this. Others didn't opt for style and technique. As long as the ball hit the floor and rolled down the alley without going in the gutter, that was all that mattered to them. Others brought their own bowling shoes and glittery balls with them, but that was all they brought, as no "A" game came along with them. But that was okay, as everyone was having BIG FUN!!

The 10<sup>th</sup> frame scores ranged from the low eighties to the high 100's. No one garnered a perfect score of 300 on this outing, but that wasn't the objective, at least not for this crowd. Having fun and being a part of the fellowship was all that mattered on this day.

Pastor Sterling stopped by to cheer everyone on. For some, their game may have improved, but for others, it was business as usual...no shame in their game.

It was however a perfect afternoon for couples to spend time with their spouse and with other couples, and that was all that mattered, as we as married couples must spend time with one another to keep the fire going!

We thank the Marriage Ministry for sponsoring this event, and we lo





**CHURCH CALENDAR  
CELEBRATING JUBILEE**

**50** YEAR  
*Golden Jubilee*



**May 2019**

**Kettering Baptist Church  
Legacy Center  
www.ketteringministries.org**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 12pm Bible Study 7pm Bible Study & Awana	2 National Day Of Prayer 7pm Men's Choir Rehearsal	3 7pm Singles Summit	4 7am Missions Ministry World Vision 6K Run/Walk
5	6	7 1st Lady Sterling's Birthday	8 12pm Bible Study 7pm Bible Study & Awana	9 7pm Men's Choir Rehearsal	10 7pm Children's Craft Night	11 8am Prayer 10am Prayer Walk
12 MOTHER'S DAY	13	14	15 12pm Bible Study 7pm Bible Study & Awana	16 7pm Men's Choir Rehearsal	17	18 8am Church-wide Jubilee-Conference Event Cancelled
19 Men's Day	20 7pm Church Council Meeting	21	22 12pm Seniors Seminar Medicaid/Medicare 7pm Bible Study & Awana	23 7pm Evangelism Walk 7pm Women's Choir Rehearsal	24	25 SANCTIFIED SATURDAY
26	27 OFFICE CLOSED MEMORIAL DAY	28	29 12pm Worship Service 7pm Bible Study & Awana	30 7pm Women's Choir Rehearsal	31	

print-a-calendar.com

