



KETTERING HERALD

KETTERING BAPTIST CHURCH LEGACY CENTER NEWSLETTER

MINISTRY IN THE SPIRIT OF EXCELLENCE

Volume 20 Issue 03

March 2022

CHURCH ON FIRE

Today there are a number of expressions used to describe a person, an event or an organization that is operating at their best. In fact, if they are accomplishing their goal perfectly, with enthusiasm and vigor it is commonly said that, "they are on fire". Currently, if we were to evaluate the American church of today, it would be fair to say that the fire is gone. There seems to be a lack of urgency and a passiveness about the God we serve who is still, "The Great I am". The fire that the church needs to continue to impact the lost world around us is notably absent. Fire is needed to attract the lost, encourage the discouraged and disciple the babes in Christ.

So what happened to the fire? I would suggest that a number of things have converged to douse the flames that once burned in the hearts of the American saints. Believe it or not, the wealth of the church has in many ways caused the church to splinter its passions. As they have grown to become managers of senior homes, gyms, family life centers, community centers, multi-campus facilities and so on. This new found wealth adds new concerns and levels of management that may be distracting to the focus of the main point of ministry. I do not believe this to be intentional but rather it gradually draws fire away. The wealth not only distracts the church but also distracts the individual member from the belief that they have no need for dependence upon God. Another thing that has occurred is that society has promoted the spread of a tolerance and non-offensive, truth is relative mentality. Therefore,

the church has been encouraged to stand down and not be bold in its evangelistic approaches for fear of offending others with the gospel truth. Finally, because the preaching of the word has been watered down, so has the fire. The fire burns hot when the word is preached with fire, truth and spiritual conviction.

Although this is just a fraction of the issues the church is facing, suffice it to say it is past time for the church to catch on fire. It is time for the saints of God to catch on fire. It is time for us to return to sharing Christ with the lost, to worshipping God in spirit and in truth and living holy and boldly before a sick and dying world. The Three for Three Challenge is a tool that I believe God gave me vision for that it may assist the church to catching on fire again. In case you did not know, the Three for Three Challenge, challenges all Christians to lead three people to Christ, encourage three people to unite with a bible believing church and lead three people to get involved in church ministry in the span of three months. I believe if saints do not feel motivated on their own to catch fire, then challenging them to do so is essential.

Lord set the church on fire again. The hour is late and the altar awaits your fire to come down and set the church on fire afresh. We need your fire to fulfill our full potential in Christ Jesus.

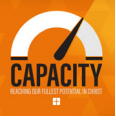
Loving My Sheep
Pastor Bucas Sterling III



Philippians 3:14 I press toward the goal for the prize of the upward call of God in Christ Jesus.

Achieving Our Full Potential in Christ





Back Door Reading From your Health Ministries



Healthy Kidneys



If you have high blood pressure, diabetes or a family history of kidney disease, you're at risk for chronic kidney disease (CKD).



The major role of the kidneys is to filter wastes and excess fluid from the blood stream. They also secrete hormones that control blood pressure and they play a role in red blood cell and some vitamin production.



Be kind to your kidneys!

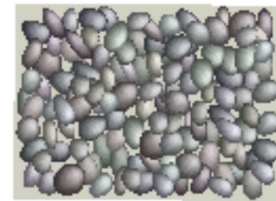
- ☺ Drink lots of water
- ☺ Keep your blood pressure under control
- ☺ Don't smoke
- ☺ Moderate alcohol use
- ☺ Maintain a healthy weight
- ☺ Use OTC meds carefully
- ☺ Exercise
- ☺ Keep blood sugars at a normal level



Kidney Stones

A kidney stone is a hard mass that forms when chemicals in the urine form crystals that stick together. Kidney stones range in size from a grain of sand to a golf ball!

Keeping well hydrated is the best prevention.



Treatment Options

Dialysis is used when 85-90% of kidney function is lost.

There are two types - hemo- or peritoneal dialysis.

Another option is a kidney transplant.



Pain Medications

Prolonged use of OTC pain relievers can damage kidneys. Combinations of aspirin, acetaminophen and caffeine in one tablet are most harmful. Consult a provider when pain relievers are taken for more than 10 days and do not exceed recommended dose.

Property of St. Anne's Parish, Annapolis, Health Ministry;
Distributed in partnership with the National Episcopal Health Ministries

Senior Pastor Bucas Sterling III

The Newsletter Ministry Members

Sis. Brenda Brown
Sis. Jaime Eley McDowney
Sis. Debbie Mosby
Bro. Kenneth Trass

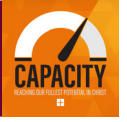
Our Mission Statement

To lift up the name of Jesus Christ, that all men may be drawn to Him. To inform, edify, and encourage the members and ministries of Kettering Baptist Church Legacy Center. To inform and encourage our community.

Article deadline: 25th day of the previous month

Please send articles to: KetteringNews@ketteringministries.org

The Newsletter Ministry kindly reserves the right to edit or alter all submissions for publication. The Pastor has the final authority on publication.



Congratulations

KBC's 2nd Quarter 2021 – 2022 Honor Roll Students

Elementary School

Jonathan D. Clerkley	Barack Obama Elementary School
Brooklynn R. Dyson	Imagine Foundations at Leeland
PCSCCharles-William Hemsley-Jones	Phyllis E. Williams Elem
SchLaila E. McCoy	Kenilworth Elementary School
Morgan Radcliff	William B. Wade Elementary
SchoolEmma E. Sims	Shabach Christian Academy
Sterling Tickle	Billingsley Elementary School

Middle School

Keilah E. Brown	Imagine Foundations at Leeland PCS
Timothy J. Brown	Imagine Foundations at Leeland PCS
Ava T. Davis	Walker Mill Middle School
Kyla A. Hill	St. Pius X Regional School
Semirah D. Joyce	Dora Kennedy French Immersion Sch
Kennedy S. Leslie	Holy Trinity Episcopal School
Chase Lindsey	St. Pius X Regional School
Kyle A. Logan	St. Pius X Regional School
Chimdi Maduka	Annapolis Area Christian School
Chizitelu Maduka	Annapolis Area Christian School
Sydney R. Owens	Imagine Andrews Public Charter
SchJayla R. Reed	Benjamin D. Foulois Academy

High School

Nyla D. Adon	Bowie High School
Paris L. Adon, II	Eleanor Roosevelt High School
Bianca J. Bullock	Academy of Health Sciences at PGCC
Naomi C. Bullock	Frederick Douglass High School
Paris Burgess	Charles H. Flowers High School
Myles W. Burrows	Charles H. Flowers High School
DeAndre M. Calloway	Dr. Henry A. Wise High School
Arielle Carr	Central High School
Khairi A. Hill	St. Vincent Pallotti High School
Dominic Hines	DuVal High School
Mackenzie J. King	Charles H. Flowers High School
Sebastian V. Leslie	McLean School
Xavier S. Perry	Largo High School

We are so proud of you!
May you continue to walk in the path God
has set for you.



CHURCH ANNOUNCEMENTS ACHIEVING OUR FULL POTENTIAL IN CHRIST



22nd Pastoral Anniversary

22nd Pastoral Anniversary Celebration
PASTOR BUCAS STERLING III
1ST LADY CAROLYN STERLING

Sunday, April 3, 2022 10am

VIRTUAL AND IN PERSON SERVICE
LIVE @kbclegacycenter1
www.ketteringministries.org

Guest Preacher
Pastor Frank I. Williams
Wake-Eden Community Church and
Bronx Baptist Church of Bronx, New York

KETTERING BAPTIST CHURCH LEGACY CENTER
6909 Crain Hwy, Upper Marlboro MD 20772

Join us on Sunday, April 3rd, as the entire Kettering Baptist Church Family celebrates our Senior Pastor and First Lady Sterling on their 22nd Pastoral Anniversary! The guest speaker will be Frank I. Williams, Pastor of Wake-Eden Community Baptist Church and Lead Pastor of Bronx Baptist Church in Bronx, New York.

Use the link to see the Video Announcement
<https://ketteringministries.org/event/pastor-sterling-invites-you-to-take-part-in-our-3-for-3-challenge/>

3 FOR 3 Challenge
Kettering Baptist Church

“Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.” Joshua 1:9

FEBRUARY, MARCH, & APRIL

- Lead 3-people to Christ and Baptism
- Lead 3-people to church membership
- Lead 3-people to commit to serving in a ministry

6909 Crain Hwy, Upper Marlboro MD 20772 • Bucas Sterling III, Senior Pastor

DTM Registration

DTM Spring Semester B REGISTRATION
Sunday, March 27th thru Sunday, April 10th
Hybrid Classes start Monday, April 18th

DTM Registration for Session B of the Spring Semester begins today, Sunday, March 27th and ends on Sunday, April 10th. Classes will start on Monday, April 18th. Your point of contact is Pastor Williams. Click on the class name to register for the class.

Mission Ministry Project

The Missions Ministry
Virtual Raised Beds Exploratory Project
on the grounds of KBC

Please email
missions@ketteringministries.org
by Monday, April 4th,
if interested

The Missions Ministry is looking for members, who are familiar with or interested in gardening and raised bed planting, to work with them on an exploratory project. We are exploring the

viability of a small raised bed project on the grounds of KBC. You don't have to be local to participate as meetings will be held virtually...just have a heart willing to plan, research and explore the viability of the project. Please email missions@ketteringministries.org by Monday, April 4th, if interested

PLEASE CONTINUE TO WEAR A MASK

WE WILL CONTINUE TO REQUIRE MASK WEARING INSIDE THE LEGACY CENTER UNTIL MAY 1, 2022 PROVIDED THAT THE CONDITIONS STILL ALLOW FOR IT AT THAT TIME.

Kettering Baptist Church Legacy Center
6909 Crain Highway, Upper Marlboro, MD 20772
Pastor Bucas Sterling III, Senior Pastor

Evangelism Training

Saturday, April 23rd
Evangelism Training
Missions Ministry's
Register online at: www.ketteringministries.org

Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit. - Matthew 28:19. Join the Missions Ministry's training class on Saturday, April 23rd, as we equip the body to make disciples for Jesus. We will cover how to share the Gospel, situational evangelism, and how to minister to young adults and children. Register at the KBC website.

BLS/CPR/AED Training & Certification

BLS/CPR/AED Training and Certification
Saturday, April 30th from 10 a.m. - 2 p.m.
Cost is \$70
Register on Kettering's website

Don't miss out! It's time for you to take the opportunity to learn some valuable lifesaving techniques, with our Basic Life Support CPR and AED training. The Health and Wellness Ministry is hosting this training on Saturday, April 30th from 10 a.m. – 2 p.m. The non-refundable cost is \$70, which includes your book. [Click to Register here today](#) through Monday, April 18th! Be the one to know and do...someone's life may depend on it!

Help Needed Newsletter Ministry

HELP NEEDED: NEWSLETTER MINISTRY
www.ketteringministries.org

The Newsletter Ministry is currently seeking a Chairperson. The monthly newsletter includes a message from Pastor Sterling and reports on KBC events and activities. Qualified candidates must be a member of Kettering Baptist and undergo a Church provided background check. For more information, please contact Kenneth Trass at newsletter@ketteringministries.org.



BIRTHDAYS

ACHIEVING OUR FULL POTENTIAL IN CHRIST



MARCH 2022 BIRTHDAYS

3/1	AJAI CAMMON MARC MCADAMS	3/16	AUDREY HICKS JO HOWARD TAMARA JOHNSON INEZ NEWMAN PATRICIA PROCTOR ELAINE STERLING
3/2	C. DIANNE BRYANT MICHAEL SMITH	3/17	ANNIE JOHNSON YOLANDA KING-BROWN TAMMIE HARRIS ISAAC NZOMO JANYA YOUNG
3/3	LASHANDA BARRETT DAVID COATES MINISTER DAVID HALL BERNESTINE JONES JENNIFER MCSTAY SYDNEY OWENS CAROLYN RHONE CHLOETHIEL STERLING DOMONIC THOMAS	3/18	DAVONTE CORNETT NIKKI HARRISON JAMES C. SYLVESTER (JR)
3/4	CYNTHIA BROWN ARLEEN ROGERS	3/19	TANESHA BACOTE NIVEA RICHBURG
3/5	KEVIN FARMER JR. SHEILA HOBSON MINISTER RYAN RICHARDSON TENESHA WILSON	3/20	MINISTER ANTHONY BARNES SHIRLEY BROWN SANDY HAMLETT MAURICE KEMP KAELA WILLS JAMES D. WRIGHT
3/6	EILEEN ASHTON MARIANA FLUELLING BRAELYN HOOKS CHANTEL MILES DIANNE PARKER SYLVIA STEWART	3/21	GWENDOLYN BARDWELL LORENZO CHURCH AKEIRA GREEN FLORENCE MONTGOMERY-PRITCHETT
3/7	ETHEL EASLEY NEYESIA LAWRENCE JOYCELYN LYONS	3/22	ERIN DAVIS TYRONE HILL SR.
3/8	HARRIETTA BROOKS MYRON EVANS VANESSA JAMES GLORIA LYONS ROBIN REYNOLDS CALEB WILSON	3/23	CELIA BURTON ADRIENNE NEAL LARRY PARKER
3/9	DIANE BRYCE MICHELE THOMPSON	3/24	MICHELLE CYRUS TYSON MOORMAN TAMIKA NEAL SIANN OMOROGIEVA ANGELA WILLIAMS
3/10	JOLINDA AGNEW VIRIS CLARKE AUSTON JACKSON	3/25	SALLIE COOPER ANGELA CURTIS CASSONDRA POPE JOZETTE WILKINSON
3/11	CHANEL BELTON LARRY CAMPER JR. RAYMOND CATHEY JAY GILCHRIST	3/26	MARY ANN BOLDS MARLENA BROWER KEMITH CALVIN ANDREA MERCER RUBY USHERY
3/12	JENNIFER AVANT BROOKE BELLAMY TRACEY CLARK MICHAEL WALKER	3/27	CARL WILSON
3/13	LAURYN BOLDS COLETTE GOLDSTON PAT HABERSHAM GABRIELLE LOFTON KIRA MCMILLAN ANTHONY WHITTINGTON	3/28	SHARITA ALI LISA COOPER LATISHA HARRELL BRENDA LEE
3/14	BEVERLY BELL ANGELA F. DAVIS KEVIN FARMER SR. MARY L. JONES	3/29	JANIYA AVANT JANICE PETTY MINISTER WARREN SIMS
3/15	AJOKE ADIGUN LEWIS GREEN III	3/30	CALEED JOHNSON STERLING TIGGLE
		3/31	MALCOLM DAVIS MAURICE DUKES JOSEPHINE HALL THELLA JONES JAKARI JOYCE GLADYS MCKENZIE

