



# KETTERING HERALD

KETTERING BAPTIST CHURCH LEGACY CENTER NEWSLETTER

MINISTRY IN THE SPIRIT OF EXCELLENCE

Volume 19 Issue 07

September 2021

## WHAT ARE YOU WILLING TO DO FOR A STRANGER?

We are all here on this earth living and breathing by the amazing grace of God. Though I believe at time we have convinced ourselves that our wellbeing and wealth are due to our carefulness in life. That thought process has caused many to loose their sense of obligation to one another. John 6 tells an amazing story of sharing wealth for the benefit of strangers. Look into the text to see what I mean.

John 6: 1-13; 35, reads, "After these things Jesus went over the Sea of Galilee, which is the Sea of Tiberias. Then a great multitude followed Him, because they saw His signs which He performed on those who were diseased. And Jesus went up on the mountain, and there He sat with His disciples.

Now the Passover, a feast of the Jews, was near. Then Jesus lifted up His eyes, and seeing a great multitude coming toward Him, He said to Philip, "Where shall we buy bread, that these may eat?" But this He said to test him, for He Himself knew what He would do.

Philip answered Him, "Two hundred denarii worth of bread is not sufficient for them, that every one of them may have a little."

One of His disciples, Andrew, Simon Peter's brother, said to Him, "There is a lad here who has five barley loaves and two small fish, but what are they among so many?"

Then Jesus said, "Make the people sit down." Now there was much grass in the place. So the men sat down, in number about five thousand. And Jesus took the loaves, and when He had given thanks He distributed them to the disciples, and the disciples to those sitting down; and likewise of the fish, as much as they wanted. So when they were filled, He said to His disciples, "Gather up the fragments that remain, so that nothing is lost." Therefore, they gathered them up, and filled twelve baskets with the fragments of the five barley loaves which were left over by those who had eaten.

In this story a lad shares his meal of two small fish and five barley loaves in order that five thousand others may eat. There are some interesting things in this text to point out. First, this lad doesn't know the five thousand people that he is sacrificing his lunch for. Secondly, he probably does not believe that his great sacrifice of his entire lunch will meet the needs of so many yet he gives it up anyway at the Lord's request. When he surrenders to the goal set before him the results of meeting the needs of all who are hungry is left up to the Lord. It makes me wonder what are you willing to sacrifice for complete strangers.

Back in April of this year I was invited to make a sacrifice of my time and

needless did I know my body and more as well. The journey was to climb two mountain peaks of the Grand Teton mountains. Fifteen weeks of training to prepare and a week in Wyoming living

devoid of modern conveniences. Two of those days would involve the climb. Now I must confess that I did not know the schedule nor the complete details of the events that would take place. I only knew that through



my sacrifice like that of the young lad many strangers would be blessed with clean water and better living conditions and opportunities. Now I also did not know how my climbing the mountain would possibly meet the needs of so many in need. I believe we were told three thousand would

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Luke 12:21 So is he who lays up treasure for himself, and is not rich toward God.  
**Reprioritizing Our Lives**





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benefit from our sacrifice. So I decided to make the sacrifice needed.

As it turned out my accommodations would prove to be



very basic with no electricity, no bathroom, basically it was a tent in the woods. The schedule of the mountain climb was also grueling. Day one was thirteen miles of climbing and descending a mountain at twelve-thousand-foot elevation for thirteen and a half hours in eighty-five-degree heat. A few bears were encountered which added to the danger of the journey. We then camped out in the woods in bear country. Still very exhausted we rose early in the morning to begin day two of hiking. Day two was eighteen miles of hiking further down the mountain and then ascending up the second mountain to eleven-thousand-foot elevation and back down again. Fifteen and a half hours of hiking on day two. Needless to say, nearly all were exhausted and pushed to their physical limits.

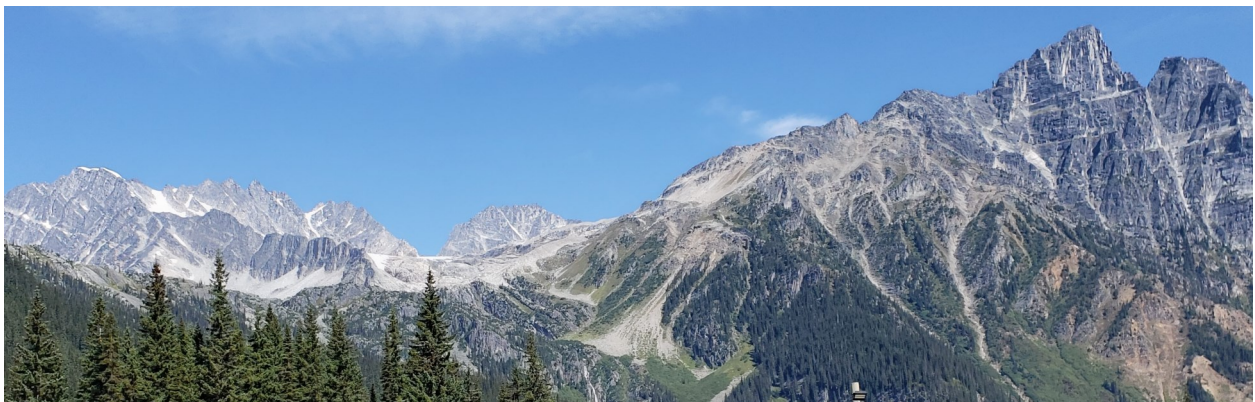
So why did you do this again? Trust me I asked myself that question multiple times as I was trekking up and down the mountains, fighting heat, cramps, tiredness and the twenty-five pound backpack I was carrying. I continued to recall in my mind its so that the kids that I do not know may have clean water and a better life. So I made the sacrifice as the Lord called me to and the results were up to Him.

A couple of weeks after returning home with my photos and T-shirt and hat to prove my experience, I was notified by the leaders of World Vision,



who sponsored the Grand Teton hike, that God had come through fulfilling His part. Our sacrifice was supposed to benefit the sponsorship of three thousand children. By God's grace I received this message, "Because of World Vision's community-focused solutions, for every one child sponsored through this season of Chosen, four more children benefit! This means that because 3,000 kids began transformative relationships with your family, friends, and neighbors, 15,000 more kids will be blessed through this team's ripple effect." WOW! So now as a result of my small sacrifice, which I had no idea like the lad how God would meet the needs of so many, 18,000 children will be blessed with clean water and better living conditions. I am a witness that when we respond with sacrifice to the request of God many people whom we do not know can be blessed beyond our imagination. What are you willing to do for a stranger?

Love My Sheep  
Pastor Bucas Sterling, III



**Pastor Bucas Sterling III**  
**The Newsletter Ministry Members**

Sis. Brenda Brown  
Sis. Letitia Hinton  
Sis. Jaime Eley McDowney  
Sis. Debbie Mosby  
Sis Tamara Tisdale  
Bro. Kenneth Trass

**Our Mission Statement**

To lift up the name of Jesus Christ, that all men may be drawn to Him. To inform, edify, and encourage the members and ministries of Kettering Baptist Church Legacy Center. To inform and encourage our community.

**Article deadline:** 25th day of the previous month

**Please send articles to:** [KetteringNews@ketteringministries.org](mailto:KetteringNews@ketteringministries.org)

*The Newsletter Ministry kindly reserves the right to edit or alter all submissions for publication. The Pastor has the final authority on publication.*





## KBC's NEW LIVING LEGENDS

By Brenda M. Brown

I had the honor and privilege of interviewing **our new Living Legends in the form of Mrs. Gwendolyn Nash and Deacon Richard M. Nash, Jr.** The Nash's are a beautiful and loving couple who have been walking together in wedded bliss for **47 YEARS!**

Their love story began when they both were standing at a Metro Bus waiting for the bus to come. Sis. Nash asked if anyone had some change so she could get on the bus. Deacon Nash, being the kind, soft-mannered Southern gentleman he is, indicated to her he had change, and he passed the change on to her. They boarded the bus and sat together, and during the ensuing conversation, she mentioned her Father was a Dentist and he indicated he was a



Dental Technician. That

was the "In Like Flint" moment he needed, and that was the beginning of their long-standing love affair.

### Personal Life

The Nash's have one adult son whose name is Lee.

Sis. Nash attended the illustrious Tuskegee Institute for 2 years.

She then matriculated to Bowie State University for 2 years.

She later moved on to the University of Delaware for 6 months.

Her next footprint was placed at Delaware State University where she resided for a year and a half.

She said she enjoys education and she just loved learning as much as she could from these various higher levels of learning.

Deacon Nash received his Associates Degree from Montgomery College where he studied Dental Technology.

Sister Nash's professional career placed her at:

The National Children's Center where she taught children with Special Needs.

The Prince George's County School System where she was an Educator.

He Deacon Nash was employed by Walter Reed Army Medical Center for 20 years and he later spent 21 years at the Veteran's Administration Hospital.

He retired 12 years ago and is enjoying retired life.

In their spare time:

Sister Nash loves to bowl and play the piano.

Deacon Nash advised he enjoys listening to all kinds of music.

He also plays the trumpet, and he has done so at several Christmas programs here at KBC.

How to describe them

Mrs. Nash – Kind and Loving



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Deacon Nash – He say's he's a people-person and he loves to tell jokes.

### Spiritual Life

The Nash's joined KBC in 1983.

Sister Nash's KBC Involvement

She has served as a KBC Youth Sunday School Teacher, and when members in the congregation discovered she taught Special Needs Children professionally, KBC Children flocked to her Sunday School Class for 30 years.

She has also taught Adult Sunday School.

She's been a member of the Women's Enrichment Ministry.

Member of the WMU

Deacon Nash's KBC Involvement

Deacon Ministry

Sunday School Teacher for Both Youth and Adults

Search Committee in the hiring of Pastor Sterling

Deacon & Mrs. Nash's KBC Joint Spiritual Involvement

Gideon's Army

Choir

Youth Leaders

Worked with KBC's Children's Retreats & Overnights

Assisted with Vacation Bible School when our VBS classes were two weeks in duration.



### Acceptance of Christ

Both indicated they accepted Christ into their lives at 9 years of age. Even though they were young age-wise, they indicated they were both very serious about the decision they'd made in accepting Christ into their lives. They said they both knew what they were doing and why they were doing it. They also said they listened very attentively to each lesson they'd heard along the way.

But it wasn't until they joined Kettering Baptist Church in 1983 that things really changed for them, and **this change took the form of a higher understanding of the Word of God, resulting in their spiritual growth!**

Not only did their spiritual growth blossom, something else happened. They were not just hearers of the Word anymore, they actively became doers of the Word, and that's when things really changed and took off for them. Being immersed in the many ministries they were involved in kept them flourishing in the Word and they not only worked in various ministries, they talked about God, and shared with other people what God had done to them and for them. They could speak with knowledge, power, strength and might as their knowledge of the Word grew and grew.

Name One Thing You Like about KBC or Share a Personal Testimony



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Deacon Nash said he enjoys being a member of KBC, and if you want to work for Christ, KBC has plenty of opportunities for you to make your desire a reality.

A personal testimony of his is being a Deacon and visiting the sick and those in need has opened his eyes to the real meaning of what Christianity really is about, and he is grateful for this and other lessons.

Sis. Nash's response was she appreciates the strong Sisterhood that exists here at Kettering, resulting in her learning so much from the various women's classes, fellowships, Retreats etc., thereby giving her the voice she needed to train, talk and share with other women who may have needed her help.

#### Favorite Scriptures

Mrs. Nash has two and they are Psalm 23 and Psalm 100, both in their entirety.

Deacon Nash says his favorite scripture is "I have been young and now am old; Yet I have not seen the righteous forsaken, Nor his descendants begging bread. [Psalm 37:25]

#### Community Involvement

They both indicated their involvement in community activities has been sidelined now as Sister Nash's mother is 97 years old, and a lot of their time is spent in caring for her.

Sis. Nash is a member of the NAACP, and her participation with that group is a result of her Father advising her the importance of the group, and why she should become involved with the group.

Prior to the pandemic, they both were involved in a Senior Group, where they socialized with other seniors, exercised, played cards and had fun with recreational activities.

#### In Their Words

I asked them some words they would like to impart to all of us reading the article.

Sister Nash – Don't forget to pray for your family, friends and fellow church members. Not only should we pray for them, we should call them as well.

Deacon Nash – The only person you can change is yourself and it takes time!

I also asked them how they felt when they were told they are our new Living Legends.

Deacon Nash indicated he told the Pastor they were very surprised to hear they had been selected, and he said Pastor Sterling said he was glad they were surprised, **but what Deacon Nash then said what has really humbled he and his wife is the fact the work they've done in the church and in working with others was not done for recognition or for them to hopefully be selected as our Living Legends. What they've done in their life's work has been what God has asked them to do and they know they have served God to the best of their ability, and they will keep on doing so. They've followed God's plan for them, and therefore they have not been looking for anything in return.**

What a humbling and great opportunity it was for me to interview our Living Legends, especially since I didn't have the pleasure of knowing them prior to this interview, but during the course of it, we discovered we have a lot of things in common and we live in adjoining neighborhoods!

**CONGRATULATIONS TO SISTER AND DEACON NASH for serving us well!**







## CHURCH ANNOUNCEMENTS REPRIORITIZING OUR LIVES



### Discipleship Training Ministry (DTM) Registration



#### DTM REGISTRATION

**Fall Session**  
Sunday, September 26th

Friday, October 8th

Classes start Friday, October 8th

Registration for DTM Classes Fall Semester Session A will take place Sunday, September 26th through Friday, October 8th. Classes will begin on Monday, October 18th using the Hybrid format

(in-person and virtually). All adults are encouraged to make an investment in themselves to be further equipped as a disciple who can in turn GO and make disciples. A schedule of classes is forthcoming. POC: Pastor Williams at [andre.williams@ketteringministries.org](mailto:andre.williams@ketteringministries.org).

### Marriage Conference

Save the Date: Greetings Married Couples! The Marriage Ministry encourages you to mark your calendars for our upcoming Virtual Marriage Conference on Saturday, November 6th. This will be an informative, engaging, and fun event (yes, there will be prizes!) that is sure to bless you as a couple...and individually. The cost is \$25 per couple.

### Awana

Awana resumes on Wednesday, September 15th from 7pm – 8:00pm. The registration fee is \$30 per child (scholarships are available). You may register online at the KBC website

### Manna Ministries CDC Coat Drive

A coat, hat, and gloves can make the difference between attending school or staying at home. Our goal is to provide as many new coats, hats, and gloves as possible for students to stay warm while walking to and from school or waiting at the bus stop. This project supports elementary, middle, and high school students in our local community and those in the Baltimore area. You and/or your organization are invited to join us in this effort to make a difference in the lives of others this winter season. Donations may be dropped off in the Fellowship Hall of the KBC Legacy Center on Sunday, October 17th from 10:15am to 12noon.

### Annual Girls Talk: Love United



#### A Queen's Worth a Virtual Domestic Violence Awareness Discussion

This virtual discussion will encourage dialogue between mothers and daughters surrounding healthy relationships and self-love. This engaging event will be held on Sunday, October 17, 2021 from 11:00AM – 1:00PM through a virtual platform. Although this event is geared towards facilitating the mother-daughter bond, aunts, grandmothers, mentors and other influential adult figures are invited to attend with their teen. Register at: <https://aqueenworth2021.eventbrite.com>

### Pearls of Purpose



Pearls of Purpose is one-year program for girls ages 13-18. It is designed to create a venue where they can be exposed to and cultivated by distinguished women of God and other professionals in becoming precious "pearls" of distinction, and empowered through the teaching of Godly principles. The program begins on Tuesday, September 28th and the cost is \$200. Registration begins Sunday, June 20th and ends Sunday, September 5th or until slots are filled. Don't delay as seats are limited. Parents, please register your young ladies at the Kettering Baptist Church website.

### Young Adults to Top Golf



Calling all Young Adults (ages 18-28)!!! Join the Young Adult Ministry at Top Golf National Harbor for fellowship and fun on Saturday, October 2nd at 5pm. RSVP by email to Minister Anthony Barnes



## CHAMPION YOUR PASTOR IN OCTOBER REPRIORITIZING OUR LIVES



The month of October is Pastor Appreciation Month. This is the time to champion your pastor. Pastors are God-called servant-leaders who feed the people of God through the ministry of preaching the Bible and lead the people of God by providing spiritual oversight of the church. In his shepherding role, the pastor prays for the people regularly, and especially when they find themselves in a time of great need.

### **There is nothing like the pastor-church relationship**

One of the most special relationships on this earth is the relationship between the pastor and the church he serves. Each week when he delivers the Word of God in an effective manner, the people receive the Word from their God-called pastor. No pastor is perfect. He knows it and his wife surely knows it; but through the ministry of preaching, the people learn to receive him

as he is.

The pastor's relationship with God's people is taken to a more personal level when he celebrates in their successes and grieves with them in their losses. There is truly nothing like the relationship with a pastor and his church. Through these times, trust is built in his relationship with the people of God. Living life together with God's people and worshipping the Lord with them weekly is, for the pastor, indescribable.



## MEN IN MINISTRY REPRIORITIZING OUR LIVES



Pastor Sterling conducts a challenging 7 year training program for selected men to understand what it means to be involved in ministry. The men meet regularly once a month with a couple periods of multiple meetings in a month. These class sessions are designed to provide a foundation for the men for to learn and grow in God's Word and helps us in our Christian walk with Him. Each class session gives the men a layer of insight and tools that equips them to be involved in ministry. The men progressed in these class sessions, it showed them that serving others allowed them to cultivate a deeper relationship with God and with their fellow brethren. (Paraphrased description from an article by Minister Wilson)







**Vaccine Requirements For Children**  
**Enrolled in Preschool Programs and in Schools — Per DHMH COMAR 10.06.04.03**  
**Maryland School Year 2021 - 2022 (Valid 9/1/21 - 8/31/22)**

Required cumulative number of doses for each vaccine for PRESCHOOL aged children enrolled in educational programs							
<div>Vaccine</div> <div>Child's Current Age</div>	DTaP/DTP/DT <sup>1</sup>	Polio <sup>2</sup>	Hib <sup>3</sup>	Measles, <sup>2,4</sup> Mumps, Rubella	Varicella <sup>2,4,5</sup> (Chickenpox)	Hepatitis B <sup>2</sup>	PCV <sup>3</sup> (Prevnar <sup>TM</sup> )
Less than 2 months	0	0	0	0	0	1	0
2 - 3 months	1	1	1	0	0	1	1
4 - 5 months	2	2	2	0	0	2	2
6 - 11 months	3	3	2	0	0	3	2
12 - 14 months	3	3	At least 1 dose given after 12 months of age	1	1	3	2
15 - 23 months	4	3	At least 1 dose given after 12 months of age	1	1	3	2
24—59 months	4	3	At least 1 dose given after 12 months of age	1	1	3	1
60 - 71 months	4	3	0	2	1	3	0

Required cumulative number of doses for each vaccine for children enrolled in KINDERGARTEN - 12 <sup>th</sup> grade								
Grade Level Grade (Ungraded)		DTaP/DTP/Tdap/ DT/Td <sup>1,6</sup>	Tdap <sup>6</sup>	Polio <sup>2</sup>	Measles, <sup>2,4</sup> Mumps, Rubella	Varicella <sup>2,4,5</sup> (Chickenpox)	Hepatitis B <sup>2</sup>	Meningococcal (MCV4)
Kindergarten, Grade 1, 2, 3, 4 5 & 6	(5 –11 yrs)	4 or 3	0	3	2	2	3	0
Grade 7	(11–13 yrs)	4 or 3	1	3	2	2	3	1
Grades 8, 9, 10, 11 & 12	(13 - 18 yrs)	3	1	3	2	1 or 2	3	1

\* See footnotes on back for 2021-22 school immunization requirements.

Maryland Department of Health

Center for Immunization

mdh.IZinfo@maryland.gov

Vaccine Requirements For Children  
Enrolled in Preschool Programs and in Schools  
Maryland School Year 2021 - 2022 (Valid 9/1/21 - 8/31/22)

**FOOTNOTES**

- Requirements for the 2021-22 school year are:**
- 2 doses of Varicella vaccine for entry into Kindergarten, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> AND 7<sup>th</sup> grades
  - 1 dose of Tdap vaccine for entry into 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> AND 12<sup>th</sup> grades
  - 1 dose of Meningococcal (MCV4) vaccine for entry into 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> AND 12<sup>th</sup> grades

**Instructions:** On the chart locate the student's age or grade and read from left to right on the chart to determine the NUMBER of required vaccinations by age or grade. Dosing or spacing intervals should not be considered when determining if the requirement is met, only count the number of doses needed. MMR and Varicella vaccination dates should be evaluated (See footnote #4).

1. If DT vaccine is given in place of DTP or DTaP, a physician documented medical contraindication is required.
2. Proof of immunity by positive blood test is acceptable in lieu of vaccine history for hepatitis B, polio and measles, mumps, rubella and varicella, but revaccination may be more expedient.
3. Hib and PCV (Prennar<sup>TM</sup>) are not required for children older than 59 months (5 years) of age.
4. All doses of measles, mumps, rubella and varicella vaccines should be given on or after the first birthday. However, upon record review for students in preschool through 12<sup>th</sup> grade, a preschool or school may count as valid vaccine doses administered less than or equal to four (4) days before the first birthday.
5. Two doses of varicella vaccine are required for students entering Kindergarten, 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> grades and for previously unvaccinated students 13 years of age or older. Medical diagnosis of varicella disease is acceptable in lieu of vaccination. Medical diagnosis is documented history of disease provided by a health care provider. Documentation must include month and year.
6. Four (4) doses of DTP/DTaP are required for children less than 7 years old. Three (3) doses of tetanus and diphtheria containing vaccine (any combination of the following — DTP, DTaP, Tdap, DT or Td) are required for children 7 years of age and older. One dose of Tdap vaccine received prior to entering 7<sup>th</sup> grade is acceptable and should be counted as a dose that fulfills the Tdap requirement.
7. Polio vaccine is not required for persons 18 years of age and older.