

KETTERING HERALD

NEWSLETTER OF KETTERING BAPTIST CHURCH LEGACY CENTER

Ministry in the Spirit of Excellence

January 2019

Volume 17 Issue 01

CELEBRATING LIKE ITS 1999

It is about to be 2019. It dawned on me that it will now have been twenty years since many people thought the world was going to end. I remember that in 1982 singer, songwriter, musician, Prince sang a song entitled "1999", which also was the name of the album. The lyrics went like this,

"Don't worry, I won't hurt you. I only want you to have some fun.

I was dreamin' when I wrote this, forgive me if it goes astray

But when I woke up this mornin', could've sworn it was judgment day

The sky was all purple, there were people runnin' everywhere

Tryin' to run from the destruction, you know I didn't even care

Say say two thousand zero zero party over, oops, out of time

So tonight I'm gonna party like it's nineteen ninety-nine

I was dreamin' when I wrote this, so sue me if I go too fast

But life is just a party and parties weren't meant to last."

This song spoke of a time then eighteen years in its future, the year 2000. A year which many believed would never come to past, largely due to bad theology and mythical slogans passed off as divine truth, that the bible said that the year 2000 would never meet. The idea in this song was that since 1999 was the last year, we should party and celebrate life like we were at that last hour.

We are now thirty seven years removed from when that song was written and about to be twenty years past 1999. In some ways it does seem amazing and I am sure many are looking back in amazement as to how quickly those years have passed. For those who would choose to live in fear of judgement you are about to enter the twentieth year of grace and you should be very concerned that it may end real soon. For those of us like myself who are born again and living for Christ, we have no need to fear but instead we can celebrate the favor of God for another year He has given us.

Whether we are celebrating or whether we are shaking and running around in fear, one thing is most positively true judgment day is coming. The problem with focusing on 1999 or 2019 even, is that according to Matthew 24:36, regarding the day of judgment, it says, "But of that day and hour no one knows, not even the angels of heaven, but My Father only." It surely will come, we cannot run from it and God knows when it will be. So I would suggest that we assure we are ready regardless of the day, by repenting of our sin, accepting The Lord Jesus Christ as our Savior and Lord and living lives to please Him. Once we have done that, while others are running around trying to escape the destruction, we don't have to fear. In fact we are able to enjoy life abundantly, party and celebrate each day God gives just like it is our last, for we truly do not know if it will be. As 2019 comes let us celebrate and live it out to the fullest like its 1999.

Loving My Sheep
Pastor Bucas Sterling, III



Lev 25:10; ¹⁰And you shall consecrate the fiftieth year, and proclaim claim liberty throughout all the land for all its inhabitants. It shall be a Jubilee for you...

Celebrating Jubilee

50 YEAR
Golden Jubilee



HEALTHY WEIGHT CELEBRATING JUBILEE

50
YEAR
Golden Jubilee



Back Door Reading From your Health Ministries



Healthy Weight

OBESITY

For adults, a Body Mass Index (BMI) of 30 or more.

For children up to age 18, a BMI at or above the 95th percentile for age and gender.

Approximately 27% of adults and 9% of children in the US are obese.

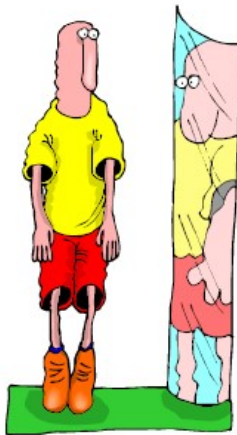


OVERWEIGHT

For adults, a BMI of 25 or more.

For children, again, it is age and gender specific.

About two-thirds of adults and 15% of children in the US are overweight



SOCIAL PRESSURE

Prejudice against overweight people is very prevalent.

Sometimes this can cause more harm than the extra weight.

This pressure is a factor in the increasing numbers of teens with anorexia and bulimia sometimes with fatal consequences.

It has been shown that the quality of life of an obese child is equal to that of a child with cancer.

Pressure from family, friends, and medical establishment causes many to opt for quick-fix fad diets.



HEALTHY LIFE-STYLE

Maintaining a weight AND a self-image that is healthy for YOU and helping those you love do the same requires:

Changes in eating that can be made permanent.

Changes in physical activity that are enjoyed and will become a habit.

Using your spirituality as well as meditation and/or prayer to find YOUR healthy balance



YO-YO DIETING

Over 95% of the people who lose substantial amounts of weight gain it (and more) back.

Those few who maintain their new weight over time have these three characteristics in common:

They lost the weight slowly; they drink a lot of water; they exercise regularly.



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Pastor

Bucas Sterling III

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Sis. Brenda Brown

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Sis. Tamara Tisdale

Bro. Kenneth Trass

Our Mission Statement

To lift up the name of Jesus Christ, that all men may be drawn to Him. To inform, edify, and encourage the members and ministries of Kettering Baptist Church Legacy Center. To inform and encourage our community.

Article deadline: 25th day of the previous month

Please send articles to: KetteringNews@ketteringministries.org

The Newsletter Ministry kindly reserves the right to edit or alter all submissions for publication. The Pastor has the final authority on publication.



NEW YEAR'S EVE BALL CELEBRATING JUBILEE

50
YEAR
Golden Jubilee

By Brenda Brown

The members of the committee who organized the December 31st event called it a "New Year's Eve Ball". That was not the case, as the title was definitely understated! I'm sure to all of us who were in attendance, we would call it **"A NIGHT TO REMEMBER - AN EVENING of ELEGANCE & CLASS"**!

The Kettering Baptist Church Legacy Center was transformed into a vision of splendor and beauty. As soon as you drove up the driveway and looked straight ahead, you knew this was not the same Legacy Center we were used to seeing. It had a special brilliance to it, and that was just looking at the exterior of the building, not knowing what awaited us inside!

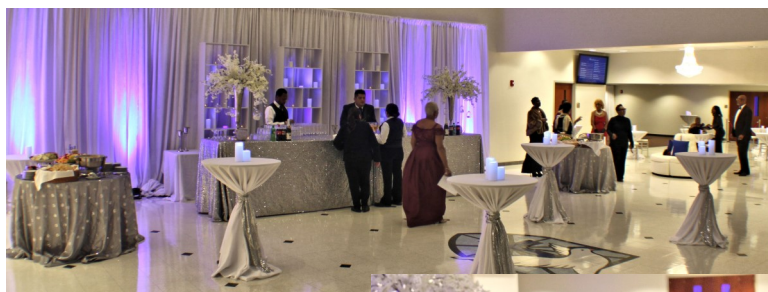
From there we all drove to the front door of the building, and as promised, the valet personnel were there to whisk our cars away so we could quickly get out of the car and place our feet on the "red carpet". If anyone wanted to know what the life of a celebrity felt like, you experienced it on the red carpet this night, as the photographers were ready and actually anxious to get that perfect shot of everyone entering the building. (I'm sure we all felt as though we were all that and a bag of chips this night).

Coming in to the Legacy Center itself was an eye-opener! Everything was beautiful and everyone inside was beautiful too. The elegance of the ladies' gowns and the men being dapper and debonair just made you feel joyous. We all are familiar with the song "Glad to be in the service one more time, well my thoughts were "Glad to be in the midst of this special occasion". You just felt up-lifted and joyous to be a part of all that was going on around you...and there were a lot of things going on.

Some people were in the lens of the camera again, some were chatting away with friends and family, while others were savoring the delicious appetizers, such as lamb, shrimp, assorted fruits and cheeses, along with other delicious items. Plus there was beautiful live music coming from two men perched high above the entrance doors sharing their musical talents with us below.

At 10:45, we were told to change our location and move to where the rest of the evening's festivities would take place. Let me just say for the record, I don't think any of us had any idea what we would see when we changed location, but what we did see once we reached that location left us in awe and quite speechless! Our Fellowship Hall had been transformed into something **brehtaking and opulent!** Adjectives such as magnificent, grand, splendid, classy, astonishing, lavishly and tastefully appointed, ritzy and posh all come to mind. Seeing the Fellowship Hall arrayed in the manner in which it was should make us value and appreciate the many talents God has given his people. Someone

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NEW YEAR'S EVE BALL (CONT) CELEBRATING JUBILEE

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had the vision to make the Fellowship Hall appear the way it ultimately was, and others had the talent to make that vision a reality for all of us to enjoy and marvel!

After taking in the beauty and splendor of the room, it was time to dance to the sounds of the spectacular band for the evening, "Blueprint". They were good from beginning to end! When they were performing, they had us on the floor and it was a joyous occasion seeing everyone having fun and enjoying themselves. Me being the introspective person I am, I thought back to the days when some of us found joy in going to clubs such as The Classics, The Crystal Underground, Mark 4, Legends, The Apple Tree, Triples, Zanzibar, and other spots to dance and have fun, but before hitting these places, some would drink before they got there, or load up while there to get their buzz on in order to have fun....but on this night, everyone was having big fun with no alcohol at all...folks were living and enjoying life to the fullest thanks to the blessings of God!

After dancing, the next phase of living the good life took effect. If any of us were expecting to eat the usual fare of a regular salad with ranch, caesar or balsamic vinaigrette dressing, baked, fried or boneless chicken breast, green beans, broccoli, or baked potatoes, or mac and cheese, we were in for a big surprise, as that wasn't what the chefs were cooking up. We were treated to Butternut Squash Soup, Symphony Salad, Grilled Sea Bass, Beef Tenderloin, Roasted Potatoes, Asparagus, Assorted Sweet Treats, and not just coffee, but an International Coffee Station! Wow...what a meal and everything was very tasty and delicious.

After dinner, it was time for the vocal talents of a group called GI (God's Image), the multi-range songstress, Lorraine Stancil-Lawson, and the energetic, award winning and anointed vocals of Earnest Pugh. What an awesome and uplifting time of praise to our Lord and Saviour who made it possible for all of us to be present and in the moment for this evening of celebration.

Right before the stroke of midnight, Pastor and First Lady Sterling took to the stage and reflected on how this wonderful celebration came about and those involved in the making of it. We then counted down the seconds and brought in 2019 with our new theme of "Celebrating Jubilee"!

After this, we heard more from our musical guests, and at

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NEW YEAR'S EVE BALL (CONT) CELEBRATING JUBILEE

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the conclusion, some of us wanted to work off some of the calories from our meal, but to our surprise, the time for us to depart was upon us. We all thought "where did the evening go so fast as we were ready for more"??

Truly this event was spectacular, awesome, and one for our memory books. Each year when December 31st rolls around, I'm certain everyone's thoughts will always go back to December 31, 2018 when we were a part of the truly wonderful and one-of-a-kind "**Night to Remember - An Evening of Elegance and Class**" that took place at our Legacy Center. Future celebrations will not compare to the beauty and splendor of this joyous experience!

To the committee, our hats off for a job well done and To God be the Glory





CHURCH ANNOUNCEMENTS CELEBRATING JUBILEE

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DTM Registration



DTM registration for Session A of the Spring Semester will take place on Sundays, January 13th and 20th after each service in Room 114. Classes will begin on Monday, January 28th.

Inclement Weather Alert

During times of inclement weather there are many ways to keep up-to-date with worship service changes or cancellations. You can:

- ☐ Call the Church Office and select Special Announcements
- ☐ Check church's website at ketteringministries.org
- ☐ Tune into the local news or websites view closures
- ☐ Tune into WTOP, 103.5FM
- ☐ Receive weather updates via the Kettering Baptist Church App

Bridging the Gap

Attention Alive Young Adults (AYA) and seasoned saints (60 and over)! The AYA Ministry will be “bridging the gap” between young adults and seasoned saints. Come out on Saturday, January 19th at 10am and enjoy continental breakfast and an open discussion about technology and social media versus “the way things used to be”. Please sign up after services in Room 107.

Circle of Comfort



The “Circle of Comfort” is for all Kettering adult family members grieving the loss of a loved one. Join us Saturday, January 5th at 10am.

Church-Wide Prayer Breakfast



All are invited to participate on Saturday, January 26th at 8:30am. Join us for a powerful time of prayer, praise and fellowship. This time of prayer is an important way for us to petition God for the many things going on in our world and in our lives. Sign up starts Sunday, January 6th after services in the Multipurpose Room.

Thank You!!

Carolyn and I would like to thank all of you for the many gifts, cards, monetary donations and expressions of love during the Christmas holidays. Your blessings help us to be a blessing. We also want to say thank you for serving the Kingdom of God with us in 2018 as we “Claimed Our Corridors for Christ”. Let us keep on doing that until He comes. Loving My Sheep, Pastor Bucas Sterling, III.





1ST QUARTER HONOR ROLL CELEBRATING JUBILEE

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Congratulations to KBC's 1st Quarter 2018 – 2019 Honor Roll Recipients

Nyla D. Adon
Paris L. Adon, II
Aidan A. Ashton
Janiya A. Avant
Jurnie I. Brayboy
Bianca J. Bullock
Naomi C. Bullock
Myles W. Burrows
Arielle Carr
Ava T. Davis
Desiree R. Davis
Jonathan Edwards
Karis J. Edwards
Amirah V. Harper
Anthony C. Harper, Jr.
Khairi A. Hill
Kyla A. Hill
Kyle A. Logan
Derrick Lyons
Kendall L. Massey
Aiyana P. McCoy
Taylor McCormick
Naomi Morgan
Denai N. Newton
Siann I. Omorogieva
Jamie R. Reed
Jayla R. Reed
Michael J. Simmons

Robert Goddard Montessori School
Robert Goddard Montessori School
Columbia Park Elementary School
Mattawoman Middle School
Edison High School
Gwynn Park Middle School
Frederick Douglass High School
Charles H. Flowers High School
Walker Mill Middle School
Glenarden Woods Elementary School
Suitland High School CVPA
Dr. Henry A. Wise High School
Academy of Health Sciences at PGCC
Kingsford Elementary School
Charles H. Flowers High School
St. Pius X Regional School
Phyllis E. Williams Elementary School
St. Pius X Regional School
Eva Turner Elementary School
Kettering Middle School
Kenilworth Elementary School
Eleanor Roosevelt High School
Reid Temple Christian School
Kenilworth Elementary School
Elizabeth Seton High School
Suitland High School
Benjamin D. Foulois Academy
McLean School



*We are so proud of you!
May God continue to guide your path.*





GIFTS OF HOPE CELEBRATING JUBILEE

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YEAR
Golden Jubilee

Manna Ministries would like to thank everyone who donated to Gifts of hope. Because of your gifts and a FEDEX grant, 104 children and 37 families were blessed with basic needs, toys and food this year. May the Lord bless you as you continue to let His light shine through you.



Labeling and preparing
donated gifts for delivery.

